

Katariina Vuori: Sauna Cookbook

Original title: Saunakeittokirja

Published: 2014

Publisher: Tammi

Class/genre: Non-Fiction

Filled with atmospheric and vibrant photos bringing the Finnish sauna culture to life, *Sauna Cookbook* includes recipes ranging from moose stew with root vegetables and stuffed whitefish to cakes and pies – all cooked using the heat of the sauna. Making use of the sauna's hot rocks, stove and hot water in cooking is a long-standing Finnish tradition, and these recipes update old traditions for the modern palate.

Rights sold:

Original publisher: FINLAND, Tammi

ESTONIA, Pegasus

GERMANY, btb Luchterhand

HUNGARY, Corvina Kiadó

"I fell in love with this unpretentious cookbook that also includes interviews with steam aficionados and introduces us to their saunas."

– Kauneus ja Terveys ("Beauty and Health") magazine, Finland

"Fun activities for the cottage. Recommended!"

– Helsingin Sanomat newspaper, Finland

More information:

<http://www.ahlbackagency.com/book/the-sauna-cookbook/>